

Wellbeing Team Meeting Minutes

Date: 14.12.23

Attendees: All Present

1. Photos taken for website introduction
2. Badges given out
3. Role of wellbeing ambassador explained
4. Lunch time club organised
Name: 'Come and Cope' club
Location: Thrive Hive
10 children at a time to begin with
2 wellbeing ambassadors a day
Wellbeing champions will pop in on extra days
Mindfulness colouring
Laptops- school games
Board Games
Puzzles
Calm Brain
Makes club passes
5. Club passes made by ambassadors

Any other ideas?

- Ambassador training
- Buddy bus stop
- Have stickers made (Champions have designed)
- Walk 4 Wellbeing- Every class walks round the track and chats with others once a day every day that week.
- Wellbeing certificate in celebration assembly